

## Gladestry Women's Institute Programme for 2020

(we meet on the third Tuesday of each month)

### **February 18<sup>th</sup> 7.30pm**

*Holistic Therapy* with Meg Lawrence

Meg lives locally and has her own holistic therapy practice. She will be talking about her work and demonstrating on a "willing" guinea pig.

### **March 17<sup>th</sup> 7.30pm**

*Easter Cards* with Vonnie Smeaton

Vonnie used to own a Craft shop in Kington but had to retire due to ill health. She still maintains all her craft skills and is ever eager to share them so we will be making fun easter cards.

### **April 21<sup>st</sup> 7.30pm**

*Drama* with Jess Mckenzie

Jess lives in the village and works with 'About Face' the drama group for those with disabilities based at The Courtyard in Leominster. She will be directing us in an evening of improvised drama.

### **May 19<sup>th</sup> 7.30pm**

*Frances Kilvert* with Ann Dean

A talk by Ann Dean on the life and works of local historian Frances Kilvert.

### **June 16<sup>th</sup> 7.30pm**

*Flower and Ribbon Craft* with Jenny Keal

A creative evening with Jenny showing us how to make flowers with ribbon and how to use them to decorate other craft works.

### **July 16<sup>th</sup>**

*An afternoon visit to The Wier Gardens, Hereford*

Times and transport TBA

### **August 18<sup>th</sup> 7.30pm**

*Tom Davies – celebrated walking man*

An open and guest evening where Tom will be telling us about his walks and experiences in the Welsh hills and promoting his new book.

### **September 15<sup>h</sup> 7.30pm**

*Bees and Bee-Keeping*

A talk and demonstration by David Coles on the art of keeping Bees and their effects on our environment.

### **October 20<sup>th</sup> 7.30pm**

*History of the Radnor Valley*

A talk with presentation on the history and geology of the Radnor Valley by local Geologist Anne Goodwin.

### **November 17<sup>th</sup> 7.30pm**

*AGM*

Guests and new members always welcome to any meeting.

Contact either Sue Mullin on 01544 370711 or Sian Derrick on 01544 370700

Or

Just come along and meet us

